

# Losar Mahakala Schedule at KDK



## **Losar Mahakala Practice**

**February 5<sup>th</sup> – 10<sup>th</sup> 2024 at KDK,  
1892 Fell St., San Francisco**

February 5<sup>th</sup> (Mon.) – Torma Day

February 6<sup>th</sup> – 9<sup>th</sup> (Tues. – Fri.) – Practice  
Days

February 10<sup>th</sup> (Sat.) – Conclusion (Tibetan  
New Year)

Every lineage has a protector; for the Shangpa Kagyu lineage, the protector is the swift-acting Wisdom Protector, Six-armed Mahakala. Many centuries ago, the Indian Mahasiddha Shawaripa was practicing Mahamudra in a cave when suddenly he had a vision of Mahakala and his retinue together with lightning flashes and thunder, and all sorts of magical forms of sight and sound. Mahakala then gave the empowerment,

sadhana, and transmission directly to Shawaripa. This was then passed on to Maitripa, and then to the Tibetan master Kyungpo Nalor who brought this transmission to Tibet. This lineage continued to Mokchokpa, and eventually to the Lord of Refuge, His Holiness Kalu Rinpoche Rangjung Kunkyab, who gave this empowerment to his disciple Lama Lodu Rinpoche on several occasions. Now, in the West, Rinpoche is the eldest disciple of His Holiness Kalu Rinpoche Rangjung Kunkyab and spent a long time with His Holiness during his lifetime.

This year, Lama Lodu Rinpoche will be leading the extensive Mahakala practice at KDK San Francisco from Feb. 5<sup>th</sup> 2024 and concluding on Losar, the Tibetan New Year, on Feb 10<sup>th</sup>. This is an opportunity to clear away all the negative energy and challenging obstacles that arose over the past year; and to enjoin the Wisdom Protector to perform his three-fold activity--subduing, protecting, relieving the suffering of poverty and removing the obstacles encountered during one's practice. This practice will also clarify the activity and remove the obstacles of all the great masters who are performing the activity for all sentient beings, particularly the lineage holders – we pray that His Holiness the Dalai Lama, all Holinesses and Eminent teachers have long life, prosperity and freedom from obstacles.

Everyone is encouraged to submit the names of deceased parents and friends, as well as of those encountering difficulties in this lifetime; this practice will truly benefit them. The public may sit for any length of time during the practice and absorb the blessings. Everyone is invited to make offerings and their assistance in support of this event. Help will be needed for cooking, cleaning, and preparing the Tsok. There are sponsorship opportunities for breakfast, lunch, dinner, tea, and for the daily Tsok offerings. Please let us know any ways you can assist or contribute during this practice. If you can help with the meals, we will schedule someone to be on hand to assist the practitioners. Please leave a message on the KDK office line at (415) 752-5454 (press # to skip message), or donate via PayPal: [http://KDK.org/event\\_reg.html](http://KDK.org/event_reg.html). For tea/meal sponsorships, you can Email Lama Jinpa directly at [bill.voigt@me.com](mailto:bill.voigt@me.com); for general questions, please leave a message on the KDK Office line.